



## STRAWBERRY AND RHUBARB TWIST

For 2 large smoothies or 4 small ones.

### INGREDIENTS

- 150g strawberries - washed and hulled
- 100g canned rhubarb in light syrup - drained
- 2 leaves fresh basil
- 175ml freshly squeezed orange juice
- black pepper to taste

### EQUIPMENT

- can opener
- blender
- glasses

### HOW TO MAKE IT

1. Place the 150g strawberries, canned rhubarb, basil leaves, the freshly squeezed orange juice and a pinch of black pepper in a blender and whizz for 1 - 2 minutes.

2. Serve immediately in tall glasses.