



Now recruiting Parent Volunteers for sessions in Chelmsley Wood,
Smiths Wood, Kingshurst & Fordbridge



Could you support local parents? Become an EPEC Group Leader

EPEC is a successful, popular, unique parenting approach for local parents, *led by local parents*. As a group leader, you will:

- Receive amazing free training and support parents and children
- Learn to lead practical, caring groups for parents making a difference to your community
- Develop your skills and gain experience to help fulfil your ambitions

Interested parents can attend once a week for 10 weeks to be able to deliver 'Being a Parent' courses in north Solihull

For more info, phone 0121 301 2773 or email
bsmhft.parenting@nhs.net

